

**In memoriam –
 SENIOR CITIZEN ASSOCIATION OF CALIFORNIA CITY
 NEWSLETTER
 MABLE DAVIS SENIOR CENTER
 10221 HEATHER, CAL CITY, 93505
 (760) 373-1006**

Office Hours 10:00am – 2:00pm Mon thru Fri (except Holidays)

VOLUME 15

MARCH 2010

NUMBER 3

ACTIVITIES AND CLASSES

Lunch served 12 noon Monday thru Friday (except holidays)

Bingo - Friday at 1:00PM

BIRTHDAY PARTY - 3rd Wednesday of the month

BOARD MEETING - 4th Wednesday of the month – 12:45PM

Cards - Most any day

Cribbage - Wednesday morning 10:00AM until lunch

**HOT LUNCHES...PROVIDED BY KERN CO. DAILY AT 12 PM (EXCEPT WEEKENDS and HOLIDAYS).
 LUNCH FOR SENIORS 60 YEARS AND OLDER, DONATION \$2.00. IF EITHER SPOUSE IS
 OVER 60 BOTH QUALIFY. FOR PERSONS UNDER 60, THE COST IS \$5.00. RESERVATIONS
 REQUIRED. RESERVATION MUST BE MADE BEFORE 1:00 PM THE DAY BEFORE –
 RESERVATIONS CLOSE AT 1:00PM. NUTRITION SERVICES FOR ELIGIBLE SENIORS WILL
 NOT BE DENIED FOR FAILURE TO MAKE A DONATION.**

Information - Monday - Friday - 10:00AM until 2:00PM

**CANCELED UNTIL FURTHER NOTICE -- Line Dancing - Tuesday – Community Center -
 9:00AM - CONTACT Coral at 373 2450 or Brenda at 373-3530 for time.**

Tap Dancing – Thursday 9:00am – 10:am

Trips and Excursions - Call for dates and times

Every day activities include pool, cards, watch large screen TV in the lounge, horseshoes,
 shuffle board.

Mahjongg – Wednesday after lunch

Hand & Foot Canasta – Tuesday at 12:30pm

OFFICERS

President – Gerald Moseley

Vice President – Ed Haas

Secretary –Ruth Settles

Treasurer –Mary Ann LeBlanc

News Letter Editor -Gerald Moseley - 373 4158 NOTE; Information published in this newsletter is thought to be
 reliable at the time of publication. However, we don't guarantee the accuracy nor the content of the
 information presented.

MARCH 2010 CALENDAR

(1) Monday Adult Exercise Class - 8:30 – 9:30am	(2) Tuesday –Bowling 10 am Hand & Foot (canasta) 12:30pm	(3) Wednesday Cribbage - 10:00am Adult Exercise Class - 8:30 – 9:30am Mahjongg – after lunch Knitting & Crochet Income taxes – 10:00am Make reservations	(4) Thursday Tap Dancing 9:10am Community Center	(5) Friday BINGO Hall Ambulance Blood pressure – 10:30:am-12 noon
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INSURANCE QUESTIONS OR PROBLEMS? QUESTIONS ABOUT MEDICARE? CALL HICAP at 1-800-434-0222 – ask for Yolanda Prado or one of her associates.

LUNCH RESERVATIONS

To make lunch reservations – Call 373-4585 (answering machine in kitchen which is checked by Rosamond) or 661-256-0557 (Rosamond). When you call the California City Senior Center and get the answering machine, it is not checked in time for the reservation to be made in Rosamond. If you get a person to answer the phone in California City, he or she will make the reservation for you. REMEMBER, THE ANSWERING MACHINE FOR PHONE 373-1006 (Senior Center Office) WILL PROBABLY RESULT IN YOU NOT GETTING LUNCH.

THE VALENTINES DINNER/DANCE

was a success. A good time was had by all. Look for more events such as this in the future. This was made possible due to the efforts of volunteers. Ed Haas, Dee Sutherland, Pat Gorden, Mary Edminston, Mary Ann LeBlance, Gloria Sanford, a very nice group of young people from the Desert Song Four Square Church and others.

Next Pot Luck March 14

Sara Hamel does the "Birthday Cards".
Thanks.

Due to space limitations, Please, 1 guest per honoree at the Birthday Table. Additional guests are very welcome in the general dining area.

Seniors having Birthdays in March are Ursula Laden, John Gursky, Bruce Heather, Jeanette McIntire, Louise Mark, Elizabeth Nakahira, Raymond Borowiak, Gregory Corral, Barbara Clarence, Grace Davies, Norma Dillon, Lynn Hutchinson, Juanita Dunlap. Everett Fortin, Judith Butterfield, Cynthia White, Leona Shanks, John Ampah, Carol Blackmore, Doris Johnson, Zelda Skretvedt, Chuck Eras, Gerald Zindler, Josie Philson, Marie Harper, Grace Bunker, Sylva Sprague, Marilyn Easton, Faustina Trimnell and Gloria Stanford.

If you are one of the Birthday Honorees, please indicate that when making your reservation.

The March BD Party is on St. Patricks day, so wear your green shirt or blouse (you know what to wear.)

Sylvia Sprague, and associates, will be the Hostesses for the March Party.

The Honorees at the February party were Jean Gates, Wayne Uptergrove, James Blackmore, Jay Sprague, Gerald Moseley, Dee Sutherland, Cecile Campbell, Shirley Hathaway, Irma Ogblinger and Michael Edmiston.

The February party was hosted by Dee Sutherland, Pat Gorden and associates.

REMEMBER – space is limited, so sign up early.

IF YOU PLAN TO ATTEND, PLEASE GIVE US SOME ADVANCE NOTICE SO THAT WE CAN PREPARE FOR YOU

A big THANKS

to Bob Russell for his generous donation to the Super Bowl Party.

and

Gloria Sanford and Marvin Brown – They collected over 200 pairs of shoes for the relief effort in Haiti.

REMEMBER Bingo every Friday – Mahjongg on Wednesday.

THE MAIL ROOM NEEDS HELP

Some of us Seniors assist the City by preparing their outgoing mail. Only takes a few minutes one day a week. The side benefits are that you get acquainted with the City Staff and find out that they are really nice people. See Gerald or Ed.

THE CENTER NEEDS VOLUNTEERS – CHECK AT THE OFFICE

**Al Hirth is now in charge of our recyclables
Thanks Al**

THIRD WEDNESDAY BIRTHDAY PARTY (EARLY RESERVATIONS A MUST

BOARD MEETING

NEW BUSINESS THAT YOU WISH THE BOARD TO CONSIDER SHOULD BE SUBMITTED TO THE SECRETARY, RUTH SETTLES BY THE 2ND

WEDNESDAY OF THE MONTH

TUESDAYS AT 12:30PM

CANASTA (HAND & FOOT)

HALL AMBULANCE

will be at the Center on Friday, March 5 and Friday, March 19, at 10:30am (calls permitting) to check blood pressures, etc. If your blood pressure needs monitoring, come get it checked.

COMMODITIES FOOD BANK DISTRIBUTION – March 6 –9:00AM
NEW LIFE ASSEMBLY OF GOD, 21924 CALHOUN DRIVE

SALVATION ARMY
8525 Calif. City Blvd.
FRESH RESCUE (Surplus Food Distribution)
Mon.. & Thur. at 10am
We accept donations

If you are over 60 years old and have a limited income, check our “Brown Bag” program.

SALVATION ARMY- BROWN BAG PROGRAM TO QUALIFY

1. Must be 60 years or older and have a current photo ID.
2. Need proof of income.
3. Income can be no more than \$1,169.00 a month for a single person
4. OR income can be no more than \$2,189.00 a month for a couple.

If you qualify, once you are signed up, you will receive a bag of food after the first Thursday of each month.

IT IS TAX TIME AGAIN

Judy Rowley will start doing taxes Feb 3, 2010. There is an appointment sheet at the Center. Either come in and sign up or call. Judy will do taxes on Wednesdays. Be sure and make your appointment. She plans to start at 10:00am.

JUDY WILL NOT BE HERE MARCH 31

YOUR GARBAGE BILL

The City is offering a 15% reduction in your garbage bill if you are 62 or older. This is just the garbage. You have to ask for it. When you pay your water bill, ask if you get the discount on the garbage.

ELECTION TIME

INSURANCE QUESTIONS OR PROBLEMS? QUESTIONS ABOUT MEDICARE OR MEDICARE PART D? CALL HICAP AT 1-800-434-0222 – ask for Yolanda Prado or one of her assistants

It is time to start the election process to elect new officers. If you would like to be an officer in the Senior Citizens Association, Contact Carmella and get your name in the pot.

From Parks & Rec

Parks and Rec has notified us of the following activities that might be of interest to seniors:

TLC – Is offering both day trips and overnight trips. There is a schedule in the Senior Center office or you may call them at 661 722 3113.

Laydeeditours is also offering tours now. There is a schedule on the bulletin board at the center or you may contact them at dianne@laydeeditours.com or call 661-718-2888 or 661-349-0953

The California City Parks & Recreation

ADULT EXERCISE

Classes will be held every

Mon Wed Fri

\$15.00 Month

This class is perfect for Seniors and persons with limited movement or those who have not been exercising but would like to begin. Men and women welcome. Marianne Strader instructor

Classes held in Community Center – for more information, call

373-3530

BEGINNING ADULT Tap Class

9-10am at the Community Center

Sign up sheet at the Senior Center or call the Rec Dept at 373-3530 or

Dee Sutherland at 1-940 736 7777

OPTIMIST CLUB

Optimist Club focuses on helping the youth of California City. We have been contributing refurbished computers to Hacienda School, providing books for its Library, starting a Junior Optimist club which teaches leadership skills, conducting an essay contest to further their writing skills, and other projects to support education, respect for law, patriotism, civic service and caring for other individuals.

California City Optimist Club meets every second Monday of the month at Chuck's Pizza at 7101 California City Blvd. at 5:30 pm.

Everyone is invited to attend to see what we do and how you might help and/or become a part of an active, beneficial and fun group of people.

California City Optimist Swap Meet

Saturday April 10, 2010

INSURANCE QUESTIONS OR PROBLEMS? QUESTIONS ABOUT MEDICARE OR MEDICARE PART D? CALL HICAP AT 1-800-434-0222 – ask for Yolanda Prado or one of her assistants

8:00am - 3:00pm
 California City Business Park
 Across from Aspen Mall
 8201 California City Blvd.
 Free to the public
 Live Music, Food,
 Shopping
 Vendors Contact: Mary Ann
 LeBlanc (760) 977-8064
 All proceed go to California City
 Optimists and Junior Octagon
 Optimists Clubs

REMEMBER Bingo every Friday

Line Dancing Tuesday – 9:00am – 10am at
 the Community Center. Call Coral 373-
 2450 or Brenda at 373-3530

For more information on any of the above
 activities please call 760-373-3530.

BOWLING

**THE BOWLING GAMES ARE ON Tuesday at
 10:am. Come join the fun**

**CHECK THE BULLETIN BOARD AT THE
 SENIOR CENTER**

**CHECK THE POSTINGS IN THE LOBBY
 FOR UPCOMING EVENTS, CLASSES, ETC
 THAT MIGHT BE SCHEDULED**

**THERE ARE ALSO MANY FLYERS,
 BULLETINS AND BROCHURES IN THE
 LOBBY CONTAINING INFORMATION THAT
 IS OF INTEREST TO THE SENIORS OF
 OUR COMMUNITY**

**INSURANCE QUESTIONS OR PROBLEMS? QUESTIONS ABOUT MEDICARE OR MEDICARE
 PART D? CALL HICAP AT 1-800-434-0222 – ask for Yolanda Prado or one of her assistants**

SENIOR CITIZENS ASSOCIATION NEWSLETTER

is available on line. If you would prefer to
 have it sent to you by E Mail, just get your
 E Mail address to Gerald. This would save
 the Center some postage.

**PLEASE, IF YOU EMPTY A COFFE POT
 AND DO NOT MAKE MORE COFFEE, TURN
 THE COFFEE POT OFF.**

If you make a fresh pot, be sure to use only
 one (1) filter paper and do not use more
 water than is indicated on the container.
 Improper procedure makes one hell uv a
 mess.

Mahjongg

**Has started meeting at the Senior Center.
 They meet Wednesday after lunch –
 anyone interested is invited to join this
 group**

**If you like to knit, crochet, etc, there are
 some ladies there on Wednesdays doing
 crafts.**

**The Board of Directors has decided to
 make the Center available for some events
 on a rental basis. \$100 rent per event plus
 a refundable \$75 cleaning deposit. This
 will be as approved by the executive
 committee.**

**Ed Haas, Vice Pres. is program coordinator
 who is responsible for all programs and
 events. Bring your ideas to Ed and see if
 we can get more activity at the Center.**

THE SENIOR CENTER

**needs your help. Every thing that is done
 around this place (with exception of food
 preparation) is done by volunteers. Step
 up and help out just a little bit. An
 example, the dishwashing takes only a few
 minutes. (Just rinse them off and stick
 them in the machine, take them out and**

stack them) and can be performed by a woman as well as by a man. "Just go ahead and help out." It is your Center, be **INVOLVED.**

The Bingo Game needs callers. Many other chores need doing, office, tables, etc.

The Mable Davis Senior Center is for the use and enjoyment of the Seniors of the Community. **USE IT!!!!**

PLEASE – PLEASE

Be CONSIDERATE enough to make your reservations properly for lunch (or to **cancel** if you can not attend.) It is hard to prepare meals properly if you don't know how many will attend.

DO YOU WANT TO PLAY CARDS, DONINOS OR WHATEVER IN THE EVENING? IF YOU ARE INTERESTED, TALK TO ED AND SEE WHAT YOU CAN ARRANGE.

Do you know one of our Seniors who is sick, or has passed on? Kitty VonRossbach (Sunshine Committee) would like to know so that she can send

out the Get Well and Condolence Cards. We are all concerned about the health and well being of our fellow seniors. Call Kitty at **373-7419**

BOYS & GIRLS CLUB OF ANTELOPE VALLEY

meets 12-6:00pm weekdays at R P U Elementary School. Kindergarten thru Middle School. There is a need for adults to help. Teach these kids to read, do Arts & Crafts, play card games. Come share your gifts and talents. Just an adult presence is needed. Call Andrew at 661 361 0844 for particulars and/or to sign up. One hour a week, 2 hours or whatever time you can spare.

Mary Edmiston (who is in the office on Mondays) has volunteered to do the dining room decorations. She will probably be doing this on the 1st Monday of the month. I am sure that any volunteers that wish to help will be more than welcome. Many thanks to these ladies.
Come join the fun. 10:00 or maybe 10:30 in the morning.

There are several committee positions that are open. Volunteers would be very welcome. And, we will be coming around asking you to participate. We will need the help of all the members to make the center a going benefit to and for the seniors of this community.. Bring your ideas to Gerald and/or Ed and let us talk about it and see if we accomplish it.

WEDNESDAYS – KNITTING AND CROCHET AFTER LUNCH

Remember, all Seniors are always welcome at the Mable Davis Senior Center.

PINOCHLE

Thursdays, after lunch – For more information contact Cathy at 373-1006 Tuesday,

INSURANCE QUESTIONS OR PROBLEMS? QUESTIONS ABOUT MEDICARE OR MEDICARE PART D? CALL HICAP AT 1-800-434-0222 – ask for Yolanda Prado or one of her assistants

Wednesday and Thursday after noons.

SPONSORS PAGE



SANDRA STEWART
Operations Officer

8116 California City Blvd. Ste #101 • California City, CA 93505
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fax: (760) 373-8476
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Resource
Center



Chris Barrett
Family Consultant

800.541.8614
661.821.1626 office
661.821.1726 fax
e-mail: cbarrett@valleycrg.org
25101 Bear Valley Road PMB #60
Tehachapi, CA 93561

Support for Family Caregivers

Elenita Perez
Executive Director

Antelope Valley Retirement Manor



44523 N. 15th St. West
Lancaster, CA 93534
Phone: (661) 949-5584
Fax: (661) 949-5807
www.avretirementmanor.com
elenper8@yahoo.com



License Number 191230705

YANA

- THIS IS A PROGRAM BY OUR POLICE DEPARTMENT THAT IS TO ASSIST PERSONS LIVING ALONE WHO MIGHT NEED ASSISTANCE. THE POLICE DEPARTMENT DISPATCHER WILL CALL YOU AT THE INTERVAL AND TIME THAT YOU DESIGNATE TO CHECK ON YOUR WELL BEING. IF YOU DO NOT ANSWER THE PHONE, THEY WILL INVESTIGATE WHY. THE FORMS ARE IN THE SENIOR CENTER OFFICE AND AT THE POLICE DEPARTMENT FRONT DESK. IF YOU LIVE ALONE, THIS IS A GOOD PROGRAM TO ASSURE YOUR WELL BEING.

Senior Y.A.N.A. Box Program

“You Are Not Alone –Box” program is designed with the active senior in mind. Many seniors live alone and may have medical issues that could become an emergency, preventing them from calling or being mobile enough to unlock their residential door for emergency personnel to enter and administer aid.

The YANA –Box is simply a secured locked box that has your door key inside. The box is secured to your door and only police and fire personnel will have the combination to get your key. If fire or police personnel need to gain access to your residence to check on your well being or provide emergency medical assistance to you, it is much easier to unlock the door than to damage a door or window in order to give assistance.

Several local businesses have donated funding for the purchase of the lock boxes so the seniors are burden with the cost of the lock box.

The California City Police Department is committed to safeguard the lives and property of the residents of California City, we as a caring community work together for independence and security in our everyday life styles.

Contact the Police Department if you wish to participate in this program.

Our Police/Fire Departments arranged donations from individuals and the Business Community to cover the cost of these boxes.

Emergency Response System

Response Link is a company that provides the same services as Life Alert and Life line. It is an Emergency Response System that the customer activates when he/she finds themselves in an emergency. After the system is activated, an operator will respond in less than 1 minute (usually around 20 – 30- seconds). Then either an emergency contact is called for the customer or emergency services. There are other programs that Response Link offers at a higher month fee, such as medication reminders and daily check up calls.

\$30 monthly fee

No installation fee (No coupon required)

No deposit

No Credit Checks

Be sure and mention that you were referred by Kern County Aging & Adult Services

1 800 894 1428

INFORMATION AND REFERRAL SERVICES

Judy Rowley is pleased to announce that she is now a volunteer with County of Kern, Aging and Adult Services Department INFORMATION AND REFERRAL SERVICES. She can be reached at

Office/Fax (760) 762 5707

www.kern.co.us/aas/

2717 Twenty Mule Team Rd

Boron, CA 93516

MEDICAL BASELINE PROGRAM may get you a discount on your gas and/or electric bill. Talk to Judy

Government Benefits

Internet users go to www.GovBenefits.gov -- the official benefits Web site of the U.S. Government, provides citizens the fastest and most accurate information on more than 1,000 Federal and State administered programs they may be eligible to receive. To date, GovBenefits.gov has guided more the 5.89 million people to the help they need for things such as housing, education, food/nutrition, healthcare, disaster relief and more.

COUNTY OF KERN VETERANS SERVICE DEPARTMENT
Serving Veterans, their Dependents and Survivors

The Board of Supervisors of Kern County established the Veterans Service Department in 1944 to assist veterans, their dependents and survivors in obtaining benefits and entitlements available through federal, state and local agencies administrating programs for veterans.

Every veteran, dependent or survivor is encouraged to visit an office to have a VA benefit update by Veterans Service Representative. Call 1 661 888 7300 for more info.-

COMMODITIES (FOOD BANK)
Community Action Partnership

Distribution is at the New Life Assembly of God Church, 21924 CALHOUN DRIVE, on the first Saturday of the month at 9:00

SALVATION ARMY
8525 California City Blvd.
FRESH RESCUE (Surplus Food Distribution)
Mon. & Thur. 10am—12noon (or supplies exhausted)
We accept donations

If you are over 60 years old and have a limited income, check our “Brown Bag” program.

SUNDAY MATINEE

Several seniors have expressed an interest in attending a Sunday Matinee at the BK Theater with lunch afterward at the Appleshed. If interested, please call Bob Russell (373-7017) or Lucy Rodriguez (373-4054). The Tehachapi Senior Center will also be involved in this project.

MARCH 13
FOUNDER’S DAY

Come to the Senior Center and help us celebrate founders day. Meet some of the old timers and look at exhibits.

MARCH 14
OLD TIMERS POT LUCK

Pot luck at the Center – Doors open 2pm and we will eat at 4pm – Card games, dominos, etc.
COME JOIN IN THE FUN


SED Senior Nutrition Program

March 2010

Reservations/Cancellations – Rosamond – (661) 256-0557
 California City – (760) 373-4585



Menus are subject to change without prior notice

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Cacciatore Italian Blend Veggies White Rice Apple <u>Juice</u> Wheat Bread Milk	2 Meat Spaghetti Winter Blend Veg** Tomato Salad Banana Garlic Bread Milk	3 Chicken Pot Pie Mashed Potato Garden Salad Fruit Cocktail Juice Wheat Roll Milk	4 Green Enchilada Casserole Peas & Carrots** Spanish Rice Tropical Fruit Milk	5 BINGO Beef Stew Broccoli** Green Salad <u>Mandarin Orange</u> <u>Delight</u> Biscuit Milk
8 Swiss Steak Corn Scalloped Potatoes <u>Tangerine</u> Wheat Bread Milk	9 Macaroni & Cheese Peas Green Salad Banana Pudding <u>Juice</u> Wheat Roll Milk	10 Chicken Creole Carrots** White Rice Pineapple Coleslaw Wheat Roll Milk	11 Roast Turkey Mixed Vegetables** Stuffing Garden Salad <u>Strawberry</u> <u>Applesauce</u> Wheat Bread Milk	12 BINGO Unstuffed Pepper Italian Blend Veg** Cucumber Salad Pears <u>Juice</u> Cornbread Milk
15 Herb Chicken Winter Blend Veg** Mashed Potato <u>Pineapple/Cottage</u> Cheese Wheat Roll Milk	16 Tamale Pie Green Beans Pinto Beans Green Salad <u>Juice</u> Wheat Bread Milk	17 BIRTHDAY  Corned Beef & Cabbage** Parsley Potatoes Lime Gelatin Grasshopper Parfait Rye Bread Milk	18 T Exer B-Day Taco Salad Refried Beans Diced Peaches <u>Juice</u> Milk	19 BINGO Egg Salad Sandwich Carrot sticks** Tomato Bisque Soup <u>Tropical Fruit</u> Wheat Bread Milk
22 BBQ Ribbetts Scalloped Potatoes Spinach Salad** Blushing pears <u>Juice</u> Wheat Roll Milk	23 Teriyaki Chicken Oriental Vegetables White Rice Green Salad Mandarin Oranges Cookie Milk	24 BOARD MEETS Cheeseburger Sweet Potato Fries** Banana <u>Juice</u> Milk	25 Chicken Pasta Carbonara Peas & Carrots <u>Applesauce</u> Wheat Roll Milk	26 BINGO Tuna Casserole Broccoli** Apple <u>Juice</u> Wheat Roll Milk
29 Beef Fajitas Spanish Rice Pinto Beans Pudding <u>V-8 Juice</u> Milk	30 Italian Pasta w/Chicken** Garden Salad Orange Garlic Bread Milk	31 Stuffed Potato Broccoli** <u>Tomato/Cucumber</u> <u>Salad</u> Peaches Wheat Roll Milk	Apr 1 Hawaiian Chicken Sandwich Peas & Carrots** Tater Tots Coleslaw Cookie Milk	Apr 2 BINGO Chili Relleno Zucchini Fruit Cocktail <u>Juice</u> Cornbread Milk

Note: ** items are a rich source of Vitamin A

Underlined items meet 1/3 of the RDA for Vitamin C
 Senior Suggested Donation \$2.00/Non Seniors - \$5.00
 Seniors will not be denied service due to inability to make a donation

TELL ME THIS WON'T HAPPEN TO US !!

Three sisters, ages 92, 94 and 96, live in a house together. One night the 96-year-old draws a bath. She puts her foot in and pauses. She yells to the other sisters, 'Was I getting in or out of the bath?'

The 94-year-old yells back, 'I don't know. I'll come up and see.' She starts up the stairs and pauses 'Was I going up the stairs or down? The 92-year-old is sitting at the kitchen table having tea listening to her sisters, she shakes her head and says, 'I sure hope I never get that forgetful, knock on wood.' She then yells, 'I'll come up and help both of you as soon as I see who's at the door.'

Three retirees, each with a hearing loss, were playing golf one fine March day. One remarked to the other, 'Windy, isn't it?' 'No,' the second man replied, 'it's Thursday.' And the third man chimed in, 'So am I. Let's have a beer.'

A little old lady was running up and down the halls in a nursing home. As she walked, she would flip up the hem of her nightgown and say 'Supersex.' She walked up to an elderly man in a wheelchair. Flipping her gown at him, she said, 'Supersex.' He sat silently for a moment or two and finally answered, 'I'll take the soup.'

Now this one is just too Precious...LOL!

Two elderly ladies had been friends for many decades. Over the years, they had shared all kinds of activities and adventures. Lately, their activities had been limited to meeting a few times a week to play cards.

One day, they were playing cards when one looked at the other and said, 'Now don't get mad at me ... I know we've been friends for a long time, but I just can't think of your name! I've thought and thought, but I can't remember it. Please tell me what your name is.. Her friend glared at her for at least three minutes she just stared and glared at her. Finally she said, 'How soon

do you need to know?